

VOLUNTEERING

Volunteering opportunities for supporting people with disabilities

Action Ability aims to promote the inclusion of people with disabilities into the community and to support the development of their natural abilities.

We support people from 12yrs up with any disability.

Volunteer Opportunities:

- Teenage support service
- Asperger's Youth Group
- A range of adult services including art, I.T. days and evenings
- 1 to 1 Befriending (young people or adults)
- Administration
- Fundraising
- Summer Scheme

We welcome all individuals aged 16 and over.

You will need:

- To make an application and have an interview
- 2 satisfactory references
- Pre employment checks
- To undertake compulsory training

Benefits of Volunteering:

- Make a difference to the lives of disabled people and the community
- Meet new people
- Learn new skills and gain qualifications
- Gain valuable experience and enjoyment
- Gateway to employment
- Receive practical training and support

